

Emootional **L**iteracy **S**upport **A**ssistant

**Information
for
Parents**





What is Emotional Literacy

Children learn lots of new skills at school, not just academic but also social and emotional skills. Some children may require extra support with English or Maths; others will benefit from support with the emotional side of their development which covers a variety of areas, such as:

- *Recognising and expressing emotions*
- *Self-esteem* *Social skills* *Friendship skills*
- *Anger management & Emotional regulation*
- *Dealing with loss or bereavement*

What if my child is offered ELSA Support?

Children who are offered support will receive a series of 1:1 sessions (occasionally small group sessions) with one of our trained ELSAs: Mrs Daukszewicz if your child is in Foundation Stage 2 or Mrs Zaib if your child is in Key Stage 1.

The programme is tailored to suit your child's individual needs. Sessions will be fun and might involve games, crafts and puppets. They will always include time to talk with and listen to your child.

The ELSA will contact you to ask for your permission before starting the programme of support and to discuss the focus. At the end of the programme they will feed back on progress and next steps.



As a Parent, how can I help?

By informing the class teacher if there are any known issues that might be affecting your child or if you have concerns about their emotional wellbeing.

By meeting with the ELSA and supporting them with the programme, acting on their advice and being present for meetings with them.

What next?

Please complete the Parental Consent Form and return it to the school office.

Meet our trained ELSAs

Mrs Daukszewicz



Mrs Zaib

