



# Boyne Hill Infant and Nursery School - Curriculum Outline Plans

Excite - Inform - Engage - Challenge - Inspire

## Personal, Social, Health Education (PSHE) *including Relationships & Health Education*

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
<b>EYFS</b>	<ul style="list-style-type: none"> <li>• Self-identity</li> <li>• Understanding feelings</li> <li>• Being in a classroom</li> <li>• Being gentle</li> <li>• Rights and responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>• Identifying talents</li> <li>• Being special</li> <li>• Families</li> <li>• Where we live</li> <li>• Making Friends</li> <li>• Standing up for yourself</li> </ul>	<ul style="list-style-type: none"> <li>• Challenges</li> <li>• Perseverance</li> <li>• Goal-setting</li> <li>• Overcoming obstacles</li> <li>• Seeking help</li> <li>• Jobs</li> <li>• Achieving goals</li> </ul>	<ul style="list-style-type: none"> <li>• Exercising bodies</li> <li>• Physical activity</li> <li>• Healthy food</li> <li>• Sleep</li> <li>• Keeping clean</li> <li>• Safety</li> </ul>	<ul style="list-style-type: none"> <li>• Family life</li> <li>• Friendships</li> <li>• Breaking friendships</li> <li>• Falling out</li> <li>• Dealing with bullying</li> <li>• Being a good friend</li> </ul>	<ul style="list-style-type: none"> <li>• Bodies</li> <li>• Respecting my body</li> <li>• Growing up</li> <li>• Growth and change</li> <li>• Fun and fears</li> <li>• Celebrations</li> </ul>
<b>EYFS Key vocabulary</b>	Kind Gentle Friend Similar(ity) Different Rights Responsibilities Feelings Angry Happy Excited Nervous Sharing Taking Turns	Different Special Proud Friends Kind Same Similar Happy Sad Frightened Angry Family	Dream Goal Challenge Job Ambition Perseverance Achievement Happy Kind Encourage	Healthy Exercise Head Shoulders Knees Toes Sleep Wash Clean Stranger Scare	Family Jobs Relationship Friend Lonely Argue Fall-out Words Feelings Angry Upset Calm me Breathing	Eye Foot Eyebrow Forehead Ear Mouth Arm Leg Chest Knee Nose Tongue Finger Toe Stomach Hand Baby Grown-up Adult Change Worry Excited Memories

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<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Feeling special and safe</li> <li>• Being part of a class</li> <li>• Rights and responsibilities</li> <li>• Rewards and feeling proud</li> <li>• Consequences</li> <li>• Owing the Learning Charter</li> </ul>	<ul style="list-style-type: none"> <li>• Similarities and differences</li> <li>• Understanding bullying and knowing how to deal with it</li> <li>• Making new friends</li> <li>• Celebrating the differences in everyone</li> </ul>	<ul style="list-style-type: none"> <li>• Setting goals</li> <li>• Identifying successes and achievements</li> <li>• Learning styles</li> <li>• Working well and celebrating achievement with a partner</li> <li>• Tackling new challenges</li> <li>• Identifying and overcoming obstacles</li> <li>• Feelings of success</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping myself healthy</li> <li>• Healthier lifestyle choices</li> <li>• Keeping clean</li> <li>• Being safe</li> <li>• Medicine safety/safety with household items</li> <li>• Road safety</li> <li>• Linking health and happiness</li> </ul>	<ul style="list-style-type: none"> <li>• Belonging to a family</li> <li>• Making friends/being a good friend</li> <li>• Physical contact preferences</li> <li>• People who help us</li> <li>• Qualities as a friend and person</li> <li>• Self-acknowledgement</li> <li>• Being a good friend to myself</li> <li>• Celebrating special relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles – animal and human</li> <li>• Changes in me</li> <li>• Changes since being a baby</li> <li>• Differences between female and male bodies</li> <li>• Linking growing and learning</li> <li>• Coping with change</li> <li>• Transition</li> </ul>
<b>Key Vocabulary</b>	<p><b>Consolidate EYFS</b></p> <p>Safe Special Calm Belonging Learning Charter Jigsaw Charter Rewards Proud Consequences Upset Disappointed Illustration</p>	<p><b>Consolidate EYFS</b></p> <p>Similarity Same as Different from Difference Bully Bullying Bullying behaviour Bullied Deliberate On purpose Unfair Included Celebrations Special Unique</p>	<p><b>Consolidate EYFS</b></p> <p>Proud Success Treasure Coins Learning Stepping-stones Process Working together Team work Celebrate Learning Stretchy Challenge Feelings Obstacle Overcome Achieve</p>	<p><b>Consolidate EYFS</b></p> <p>Unhealthy Balanced Exercise Sleep Choices Clean Body parts Keeping clean Toiletry items (e.g. toothbrush, shampoo, soap) Hygienic Safe Medicines Safe Safety Green Cross Code Eyes Ears Look Listen Wait</p>	<p><b>Consolidate EYFS</b></p> <p>Belong Same Different Friendship Qualities Caring Sharing Kind Greeting Touch Feel Texture Like Dislike Help Helpful Community Confidence Praise Skills Self-belief Incredible Proud Celebrate</p>	<p><b>Consolidate EYFS</b></p> <p>Changes Life cycles Adulthood Mature Male Female Grow Bottom Nipples Feelings Anxious Worried Excited Coping</p>

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<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Hopes and fears for the year</li> <li>• Rights and responsibilities</li> <li>• Rewards and consequences</li> <li>• Our Learning Charter</li> <li>• Owing our Learning Charter</li> </ul>	<ul style="list-style-type: none"> <li>• Assumptions and stereotypes about gender</li> <li>• Understanding bullying</li> <li>• Standing up for self and others</li> <li>• Making new friends</li> <li>• Gender diversity</li> <li>• Celebrating difference and remaining friends</li> </ul>	<ul style="list-style-type: none"> <li>• Achieving realistic goals</li> <li>• Perseverance</li> <li>• Learning strengths</li> <li>• Learning with others</li> <li>• Group co-operation</li> <li>• Contributing to and sharing success</li> </ul>	<ul style="list-style-type: none"> <li>• Motivation</li> <li>• Healthier choices</li> <li>• Relaxation</li> <li>• Healthy eating and nutrition</li> <li>• Healthier snacks and sharing food</li> </ul>	<ul style="list-style-type: none"> <li>• Different types of family</li> <li>• Physical contact boundaries</li> <li>• Friendship and conflict</li> <li>• Secrets</li> <li>• Trust and appreciation</li> <li>• Expressing appreciation for special relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles in nature</li> <li>• Growing from young to old</li> <li>• Increasing independence</li> <li>• Differences in female and male bodies</li> <li>• Assertiveness</li> <li>• Preparing for transition</li> </ul>
<b>Key Vocabulary</b>	<b>Consolidate YR1</b> Worries Hopes Fears Responsible Actions Praise Positive Negative Choices Co-Operate Problem-Solving	<b>Consolidate YR1</b> Boys Girls Similarities Assumptions Shield Stereotypes Special Differences Bully Purpose Unkind Feelings Sad Lonely Help Stand up for Male Female Diversity Fairness Kindness Unique Value	<b>Consolidate YR1</b> Realistic Achievement Goal Strength Persevere Difficult Easy Learning Together Partner Product	<b>Consolidate YR1</b> Healthy choices Lifestyle Motivation Relax Relaxation Tense Calm Dangerous Medicines Body Balanced diet Portion Proportion Energy Fuel Nutritious	<b>Consolidate YR1</b> Similarities Special Important Co-operate Physical contact Communication Hugs Acceptable Not acceptable Conflict Point of view Positive problem solving Secret Surprise Good secret Worry secret Telling Adult Trust Happy Sad Frightened Trust Trustworthy	<b>Consolidate YR1</b> Change Grow Control Fully grown Growing up Old Young Change Respect Appearance Physical Baby Toddler Child Teenager Independent Timeline Freedom Responsibilities Bottom Nipples Public Private Touch

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