Boyne Hill Infant and Nursery School – Curriculum Outline Plans

Excite - Inform - Engage - Challenge - Inspire

Personal, Social, Health Education (PSHE) *including Relationships & Health Education*

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
FS1	• Who… Me? • How Am I Feeling Today? • Being at Nursery • Gentle Hands • Our Rights • Our Responsibilities	• What Am I Good At? • I'm Special, I'm Me! • Families • Homes • Making Friends • Standing Up For yourself	• Challenge • Never Giving Up • Setting a Goal • Obstacles and Support • Flight to the Future • Footprint Awards	• Everybody's Body • We Like to Move It, Move It • Food Glorious Food • Sweet Dreams • Keeping Clean • Safe Adults	• My Family and Me • Make Friends, Make friends (1) • Make Friends, Make friends (2) • Falling Out and Bullying (1) • Falling Out and Bullying (2) • Being the Best Friends We Can Be	• My Body • Respecting My Body • Growing Up • Growth and Change • Fun and Fears • Celebration
Key vocabulary	Calm me Chime Jigsaw Jenie Jerrie Cat Stop Tidy Think Remember Happy Sad Glad Kind Fair Problem Together Upset Angry Responsible	Same Different Children Adults Unique Special Family Home House Globe Flat Bungalow Caravan Boat Countryside City/town Design Kind Thoughtful Others	Challenge Persevere Keep trying Practice Overcome Get better at Goal Achieve Unkind Favourite Win Future Job Challenge Improve Proud Tried hard Goal	Shoulders Knees Toes Rhythm Active Exercise Still Relaxed Strong Gentle Peaceful Hot / flushed Heartbeat Healthy Being fit Lullaby Pyjamas Dressing gown Hot water bottle Lamp	Relationships Family Families Different Family member Group Lonely Sad Friends Friendly In Pairs Together Respect Straight away Kind Unkind Good friend Calm Happy	Respect Body Parts Head Shoulders Knees Toes Arms Legs Healthy Heartbeat Healthy food Exercise Change Grow Older Bigger Adult Different Shape

		Explain Stop		Routine Dirty Toothbrush Flannel Bath Shower First Second Third Next Healthy Safe adult Safe places Stay safe		Colour Size Soil Sunlight Scared Growing up Reception Class Memories Sad Worried Changing
Term	**Autumn 1**	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
FS2	• Who… Me? • How Am I Feeling Today? • Being at School • Gentle Hands • Our Rights • Our Responsibilities	• What Am I Good At? • I'm Special, I'm Me! • Families • Homes • Making Friends • Standing Up For yourself	• Challenge • Never Giving Up • Setting a Goal • Obstacles and Support • Flight to the Future • Footprint Awards	• Everybody's Body • We Like to Move It, Move It • Food Glorious Food • Sweet Dreams • Keeping Clean • Safe Adults	• My Family and Me • Make Friends, Make friends (1) • Make Friends, Make friends (2) • Falling Out and Bullying (1) • Falling Out and Bullying (2) • Being the Best Friends We Can Be	• My Body • Respecting My Body • Growing Up • Fun and Fears (1) • Fun and Fears (2) • Celebration

Key vocabulary	Calm me Chime Jigsaw Jenie Jerrie Cat Stop Tidy Think Remember Belong Similar Different Happy Sad Angry Excited Feelings Taking Turns Sharing Nervous Feelings Kind Gentle Friend Sharing Turn Taking Rights Learn Responsible Choice	Proud Happy Special Unique Different Similar Family Unique Similarities Differences Home Kind Unkind Friendship Friends	Challenge Persevere Difficult Frustrated Proud Achieve Overcome Goal Achieve Keep trying Encourage Dreams Future Job Skills Reward Earn	Exercise Healthy Less Healthy Movement Rest Stretch Sugar Healthy Choice Sleep Asleep Toothpaste Teeth Mouth Toothbrush Hands Soap Germs Hygiene Clean Stranger Safe Safe adults Scared Worried Unexpected Unplanned	Family Jobs Responsible Home Friend Lonely Relationship Solutions Falling out Upset Angry Problem solve Unkind Hurtful Happy Excited Worried Good friend Friendly Kind words	Eye Ear Knee Finger Foot Mouth Nose Stomach Eyebrow Arm Tongue Toe Forehead Chest Hand Leg Healthy Less healthy Food Activities Exercise Body Change Baby Adult Grow up Year 1 Moving Worries Emotions Thoughts Feeling Worry box Memories Achieved Learnt Looking forward

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
Year 1	• Special and Safe • My Class • Rights and Responsibilities • Rewards and Feeling Proud • Consequences • Owning the Learning Charter	• The Same As • Different From • What is Bullying? • What Do I Do About Bullying? • Making New Friends • Celebrating Difference, Celebrating Me	• My Treasure Chest of Success • Steps to Goals • Achieving Together • Stretchy Learning • Overcoming obstacles • Celebrating My Success	• Being Healthy • Healthy Choices • Clean and Healthy • Being safe • Medicine safety • Road Safety • Happy, Healthy Me	• Families • Making friends • Greetings • People Who Help Me • Being My Own Best Friend • Celebrating My Special Relationships	• Life cycles • Changing Me • My Changing Body • Boys' and Girls' Bodies • Learning and Growing • Coping with changes
Key Vocabulary	Safe Special Calm Choice Belonging Special Rights Responsibilities Rights Learn Learning Charter Safe Place Learning Charter Rewards Proud Views Valued Achievement Consequences Upset Disappointed	Similarity Same as Courtesy Manners Different from Difference Bullying Bullying behaviour Courage Deliberate On purpose Unfair Lonely Support Included Bully Bullied Safe Harmful Celebration Inclusive Special Unique	Proud Success Achievement Goal Treasure Coins Self-respect Happiness Learning Stepping-stones Process Garden Dreams Special Working together Team work Celebrate Learning Stretchy Challenge Feelings Confidence Obstacle Overcome Active Rest	Healthy Less healthy / unhealthy Balanced Exercise Sleep Choices Clean Body parts Keeping clean Toiletry items (e.g. toothbrush, shampoo, soap) Hygienic Safe Medicines Safe Germs Virus Bacteria Trust Eyes Ears Look Listen Wait Scared Nervous Pavement Kerb Crossing	Family Belong Same Different Friends Friendship Qualities Kind Greeting Touch Feel Texture Like Dislike Help Helpful Community Feelings Confidence Praise Skills Incredible Proud Celebrate Relationships Special Appreciate	Changes Life cycle Baby Adult Adulthood Growth Change Grown up Growing up Male Female Penis Testicles Vulva Anus Learn New Grow Change Excited Proud Worried Happy Nervous Curious Feelings Anxious Worried Excited

				Traffic-lights Traffic		Coping
Term	**Autumn 1**	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
Unit	**Being Me in My World**	**Celebrating Difference**	**Dreams and Goals**	**Healthy Me**	**Relationships**	**Changing Me**
Year 2	• Hopes and Fears for the Year • Rights and Responsibilities • Rewards and Consequences (x2) • Our Learning Charter • Owning our Learning Charter	• Assumptions • Stereotypes • Why Does Bullying Happen • Standing Up for Myself and Others • We're All Different • Celebrating Difference and Still Being Friends	• Goals to Success • Being Healthy • Learning with Others • A Group Challenge • Being Relaxed • Celebrating Our Achievement	• Healthy Eating (x2) • Keeping Safe at Home • Safe Outside • Medicine Safety • Healthy, Happy Me	• Families • Keeping Safe – exploring physical contact • Friendship and Conflict • Secrets • Trust and Appreciation • Celebrating My Special Relationships	• Life Cycles in Nature • Growing from Young to Old • The Changing Me • Boys' and Girls' Bodies • Assertiveness • Looking Ahead
Key Vocabulary	Worries / Worried Hopes Fears Belonging Rights Responsible Responsibilities Actions Assertive Controlling Praise Reward Consequence Positive Negative Choices Safe Fair Learning Charter Learn Co-operatively Boundaries	Similarities Assumptions Shield Stereotypes Courtesy Boys Girls Differences Special Self-respect Bully Purpose Kind Unkind Inclusive Feelings Sad Lonely Help Teasing Respect Belonging Boundary Identity Stand up for Bystander	Realistic Proud Success Goal Self-esteem Hobbies Interest Self-care Healthy choices Lifestyle Motivation Learning Together Celebrate Achievement Partner Team work Feelings Challenge Product Dream bird Group Problem-solve Relax Relaxation Tense Calm	Healthy Unhealthy Less healthy Balanced diet Portion Proportion Energy Nutritious Hazard Risk Safe Unsafe Assess React Stop, Drop, Roll Worry Scared Crossing Barriers Dangerous Medicines Body Choices	Family Different Diverse Special Stereotype Relationship Important Co-operate Touch Physical contact Communication Hugs Like Dislike Acceptable Not acceptable Friends Conflict Point of view Positive problem solving Secret Surprise Good secret Worry secret Adult Trust	Change Grow Life cycle Control Baby Adult Fully grown Growing up Old Older Young Elderly Change Respect Physical Toddler Child Teenager Independent Timeline Freedom Responsibilities Male Female Penis Testicles

		Male Female Fairness Kindness Belong Disability Culture Family Included Unique Value	Stress		Happy Sad Frightened Trustworthy Honesty Reliability Compliments Celebrate Positive Negative Appreciate	Vulva Vagina Anus Public Private Touch Texture Hug Like Dislike Comfortable Uncomfortable Assertive Looking forward Excited Nervous Anxious Cope